



## **Bible Tour Packing List**

The following list is intended to help you pack more efficiently. If you have any special needs, be sure to add those items to your list.

### **Clothing**

- shirts, blouses, socks, underwear (pack limited supply – use wash-and-wear)
- shorts, slacks, jeans, skirts (pack limited supply)
- personal modesty kit (for entering *holy places* and conservative communities)
- heavy sweater or jacket
- swimsuit
- walking shoes (plenty of walking! Good shoes are very important!)
- flip-flops
- sunglasses
- hat

### **Toiletries/ Medications**

- shampoo
- toothbrush and paste
- deodorant
- personal soap
- comb and hairbrush
- shaving equipment
- eyedrops, contact lens solutions and cleaners
- other personal hygiene products
- band-aids
- diarrhea medicine (just in case!)

- cold remedy or decongestant tablets
- sleeping pills
- motion sickness pills
- aspirin
- sunscreen
- package of towelettes
- earplugs

### **Miscellaneous**

- travel alarm
- plastic bags
- pen, notebook, small Bible
- adapter or converter
- tiny flashlight
- tissues
- small umbrella
- snacks

### **Items to Pack in Carry-on**

- airline tickets
- passport
- one-day change of clothes
- essential toiletries
- neck pillow and sleeping mask
- good book